**FORGIVENESS AND FORGETFULNESS**

Often when we are hurt, abused or exploited by somebody we usual get disconcerted and confused when we remember we should forgive. For us forgiveness mostly means overlooking the wrong and carry on with the offending party as if nothing happened. We ask how I can willingly become vulnerable again after one has been so abused, exploited or even stolen from. It is often too difficult a prospect to consider.

However, the point to be remembered is that there is a difference between forgiveness and Trust. Forgiveness is immediate whether the person asks for it or not, while trust deals with future behavior. Trust must be rebuilt overtime. Trust requires a track record. We are commanded by God to forgive instantly which involves letting go of the past, but we are not expected to trust them immediately. Before trust is restored the offending party must prove beyond doubt that they have changed overtime.

God often could forgive, forget and trust again because he can cause the person to change and knows when the change has occurred.